• Let’s Move: Busy Bees – Compares and Measures 1. Tell children the room they are in is now a beehive! 2. Invite them to buzz like a bee and flap their wings as they move around the room. 3. Say – Busy bees, busy bee! Buzz around and touch something [taller than you]. 4. Repeat using other phrases, e.g., something shorter than you; wider than you; smaller than a cat; smaller than your hand; or the same size as this spoon.

• Let’s Move: Action Counting – Counting 1. Invite your child to imagine she is going on a journey as she moves with you– marching up a hill, jumping across a stream, hopping into a puddle, squatting under a branch, etc. 2. Call out the number of times to do each movement – Let’s march for [six] steps up the hill. 3. Count each action together as you do each movement together.

Let’s Move: One More Step – Following Directions 1. Say – I wonder how many things we can remember to do? 2. Ask children to do two actions – Can you rub your knees and then pat your head? – and act them out with the children. 3. Repeat the directions, adding one more step. 4. Continue the game, inviting children to add more actions.

• Let’s Move: Willy’s Week – Literacy 1. Invite your child to act out the movements as you sing or chant the following verse. On Sundays, Willy [stretches], On Mondays, Willy [marches] On Tuesdays, Willy [tiptoes], On Wednesdays, Willy [wiggles] On Thursdays, Willy [thinks], On Fridays, Willy [falls down], On Saturday, Willy [sleeps] 2. Repeat using different action words and encourage your child to join you in singing or chanting together!